



World Federation of Music Therapy
Federación Mundial de Musicoterapia

Do music therapists teach musical skills?

Music therapy is not a substitute for music lessons. Clients will often acquire certain musical skills in the course of a music therapy program, such as sensitivity to pitch, rhythmic control, awareness of form, manipulative control etc... These skills, whilst constituting an important part of the therapy program, are likely to be secondary to pre-determined therapeutic objectives. (APMT, 2008).

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