



World Federation of Music Therapy
Federación Mundial de Musicoterapia

- [Home](#)
- [About WFMT](#)
- [FAQ Music Therapy](#)
- [Leadership](#)
- [Membership](#)
- [President presents...](#)
- [Commissioners](#)
- [Regional Liaisons' Blog](#)
- [WFMT for Students](#)
- [Education Center](#)
- [Job & Volunteering Center](#)
- [Publication Center](#)
- [2011 World Congress](#)
- [Global Calendar](#)
- [Contact Us](#)

PRESIDENT PRESENTS...



Dr. Petra Kern, MT-DMtG, MT-BC, MTA, NICU-MT
President, World Federation of Music Therapy
Email: president@wfmt.info
USA

Announcing WFMT's NEW Definition of Music Therapy

Dear colleagues,

Last year, the WFMT Council decided to look into updating the WFMT definition of music therapy to reflect contemporary music therapy in a comprehensive and concise way. A workgroup led by Anja Tait, Regional Liaison for Australia/New Zealand, searched for multiple definitions of music therapy from the following sources a) WFMT's organizational member websites, b) scholarly publications, and c) open source searches in Wikipedia and Google. Members of the workgroup found sixteen definitions in English language. Analyzing these definitions, the workgroup identified keywords and core concepts, which have been embedded in a new definition proposed to the WFMT Council. Discussing the content and matching the definition with WFMT's goals and our worldwide perspective, the WFMT Council agreed and approved the following definition:

"Music therapy is the professional use of music and its elements as an intervention in medical, educational, and everyday environments with individuals, groups, families, or communities who seek to optimize their quality of life and improve their physical, social, communicative, emotional, intellectual, and spiritual health and wellbeing. Research, practice, education, and clinical training in music therapy are based on professional standards according to cultural, social, and political contexts" (WFMT, 2011).

Rose Fienman, our Executive Assistant assisted in getting the definition translated in 12 languages (see Info Cards for download). Some of our translators also recorded the definition, which we make available as mp3/mp4 files for you.

My thanks and appreciation goes to all who contributed to the new definitions. Great teamwork everyone!

Petra Kern
President of WFMT



World Federation of Music Therapy
Federación Mundial de Musicoterapia

What is music therapy?

Music therapy is the professional use of music and its elements as an intervention in medical, educational, and everyday environments with individuals, groups, families, or communities who seek to optimize their quality of life and improve their physical, social, communicative, emotional, intellectual, and spiritual health and wellbeing. Research, practice, education, and clinical training in music therapy are based on professional standards according to cultural, social, and political contexts. WFMT, 2011

www.wfmt.info



World Federation of Music Therapy
Federación Mundial de Musicoterapia

Cos'è la Musicoterapia?

La Musicoterapia è l'uso professionale della musica e dei suoi elementi come intervento in ambienti medici, educativi e comuni con individui, gruppi, famiglie o comunità che cercano di ottimizzare la loro qualità di vita e migliorare la salute e il benessere fisico, sociale, comunicativo, emotivo, intellettuale e spirituale. Ricerca, pratica, educazione e formazione clinica in musicoterapia sono basati su standard professionali in relazione ai contesti culturali, sociali e politici. WFMT, 2011.

www.wfmt.info



World Federation of Music Therapy
Federación Mundial de Musicoterapia

什么是音乐治疗

音乐治疗是运用专业音乐以及音乐元素作为干预，介入医学、教育、日常生活的治疗方式，用于提高个体、小组、家庭或者社区的生活质量。改善身体、社交、沟通、情感、智力、精神和情绪福祉的系统专业过程。音乐治疗的研究、实践、教育和临床培训需要以文化、社会和政治环境的专业标准作为基础。WFMT 2011

www.wfmt.info



World Federation of Music Therapy
Federación Mundial de Musicoterapia

音楽療法とは？

音楽療法とは、身体的、社会的、コミュニケーションの、情緒的、理知的、精神的な健康と健全な暮らしを向上し、クライアント・オブ・ライフを可能な限りよりものにしようとする個人、グループ、家族、またはコミュニティに対し、医療や教育、そして日々の環境としての音楽と音楽の要素を専門的に用いることです。音楽療法の研究、実践、教育、臨床トレーニングは、文化的、社会的、政治的な背景による専門的な基準に基づいています。

www.wfmt.info




World Federation of Music Therapy
Federación Mundial de Musicoterapia

¿Qué es la musicoterapia?

La musicoterapia es el uso profesional de música y sus elementos como una intervención en ambientes médicos, educativos y cotidianos con individuos, grupos, familias o comunidades buscando optimizar su calidad de vida, y mejorar su salud físico, social, comunicativa, emocional e intelectual y su bienestar. La investigación, la práctica, la educación y la instrucción clínica en la musicoterapia son basados en estándares profesionales según contextos culturales, sociales y políticos. WFMT, 2011.

www.wfmt.info



World Federation of Music Therapy
Federación Mundial de Musicoterapia

O que é musicaterapia?

A musicaterapia é o uso profissional de música e seus elementos como uma intervenção em ambientes médicos e diários com indivíduos, com os grupos, com as famílias e com as comunidades que procuram otimizar sua qualidade de vida e melhorar seu físico, seu social, seu comunicativo, seu emocional, o intelectual e a saúde espiritual e bem-estar. A investigação, a prática, a educação e a instrução clínica na musicaterapia são baseadas em padrões profissionais conforme contextos culturais, sociais e políticos.
WFMT, 2011 www.wfmt.info



World Federation of Music Therapy
Federación Mundial de Musicoterapia

음악치료란?

음악치료란, 음악과 음악적 요소들을 전문적으로 사용한 치료과정으로 의학적, 교육학적, 또는 일상생활과 같은 환경에서 신체기능, 사회적, 의사소통, 감정 표현, 학습능력, 자신감, 그리고 웰빙 등을 향상하고자 하는 개인이나 그룹 혹은 가족 등을 대상으로 이루어진다. 음악치료의 연구, 이행, 교육 그리고 실습 등은 문화나 사회 혹은 정치적으로 정해진 전문적인 기준에 근거를 둔다. WFMT, 2011. www.wfmt.info



World Federation of Music Therapy
Federación Mundial de Musicoterapia

Müzik Terapi nedir?

Müzik Terapi, fiziksel, sosyal, iletişimsel, duygusal, entelektüel ve ruhsal açıdan daha iyi yaşamak isteyen bireylerle, gruplarla, ailelerle veya topluluklarla, müziğin ve müzikal enstrümanların sağlık, eğitim ve günlük yaşam alanlarında profesyonel bir biçimde kullanımınıdır. Müzik Terapi alanındaki araştırmalar, uygulamalar, eğitimler ve klinik çalışmalar; kültürel, sosyal ve politik bağlamlara dayanan uzmanlaşmış standartlar üstüne temelienmektedir. www.wfmt.info



World Federation of Music Therapy
Federación Mundial de Musicoterapia

Was ist Musiktherapie?

Musiktherapie ist die professionelle Nutzung von Musik und deren Elemente als Intervention in medizinischen, erzieherischen und alltäglichen Umgebungen mit Einzelpersonen, Gruppen, Familien oder Gemeinden, die ihre Lebensqualität optimieren und ihre physische, soziale, kommunikative, emotionale, intellektuelle und spirituelle Gesundheit und Wohlbefinden verbessern wollen. Musiktherapeutische Forschung, Praxis, sowie theoretische und klinische Ausbildung basieren auf professionellen Standards die kulturellen, sozialen und politischen Standards entsprechen. WFMT, 2011 www.wfmt.info



World Federation of Music Therapy
Federación Mundial de Musicoterapia

Qu'est-ce que la musicothérapie?

La musicothérapie est l'utilisation professionnelle de la musique et de ses éléments comme une intervention dans les milieux médicaux, éducatifs, et quotidiens avec des individus, groupes, familles ou communautés qui cherchent à optimiser leur qualité de vie et d'améliorer leur santé physique, sociale, communicative, émotionnelle, intellectuelle, et spirituelle et leur bien-être. La recherche, la pratique, l'éducation et la formation clinique en musicothérapie sont basés sur les normes professionnelles en fonction des contextes culturels, sociaux et politiques. WFMT, 2011 www.wfmt.info



World Federation of Music Therapy
Federación Mundial de Musicoterapia

Wat is muziektherapie?

Muziektherapie is het vakkundig inzetten van muziek en haar parameters als interventies in een medische omgeving, het onderwijs en alledaagse levensomstandigheden met individuen, groepen, families of gemeenschappen die de kwaliteit van hun leven willen optimaliseren en hun lichamelijke, sociale, communicatieve, emotionele, intellectuele en spirituele gezondheid en welbevinden willen verbeteren. Onderzoek, praktijkervaring, onderwijs en klinische training in muziektherapie zijn allen gebaseerd op de professionele standaard die passend is bij de cultuur en de sociale en politieke context. WFMT, 2011 www.wfmt.info



World Federation of Music Therapy
Federación Mundial de Musicoterapia

Mitä on musiikkiterapia?

Musiikkiterapia on musikin ja sen elementtien ammattimaisista käyttöä interventiointia sairaa-, kasvatus- ja jokapäiväisissä ympäristöissä yksilöille, ryhmille, perheille tai yhteisöille jotka etsivät elämäntilanteiden optimoimista ja fyysisen, sosiaalisen, vuorovaikutuksellisen, emotionaalisen, älyllisen ja hengellisen terveyden ja hyvinvoinnin kohentamista. Musiikkiterapian tutkimus, käytäntö, koulutus ja klininen harjoittelu perustuvat ammattilaisiin standardiin kulttuurien, sosiaalisten ja poliittisten kontekstien mukaisesti. (WFMT, 2011) www.wfmt.info

Archive:

President presents... April 2011
Download: 2011 Call for Suggestions of Regional Liaisons

President presents... March 2011
Download: WFMT Assembly of Student Delegates (pdf)

President presents... January through February 2011
Download: 2011 Call for Nominations of Elected Council Positions

President presents...12-2010
Download: 2010 At-A-Glance (pdf)

President presents...11-2010
Download: Member Profiles AMTAS & EAMTAS (pdf)

President presents...10-2010
Download: Calling for World Congress of Music Therapy Proposals 2014 & 2017 (pdf)

President presents...9-2010
Download: 2011 World Congress of Music Therapy" Spotlight Sessions (pdf)

President presents...7 2010
Download: First WFMT World Congress Scholarship for Students (pdf)

President presents... 6-2010
Download: WFMT in Cadiz, Spain
See Slideshow

President presents 4-2010
My favorite YouTubes (pdf)

President presents 3-2010
Download: A Conversation on the Topic Disaster Response and Recovery (pdf)
Download: Disaster Events and Young Children (pdf)

President presents 2-2010
Download: Member Profile: AMTA (Australia) (pdf)

President Presents... 1-2010
25. Anniversary of WFMT

President Presents... 12-2009
Annual Reflection 2009
WFMT President on BlogTalkRadio

President presents 11-2009

Download: Meet the WFMT Council: WFMT at the 2009 Annual AMTA Conference
Download: Advertisement
Download: WFMT Roundtable PowerPoints 11-14-2009
Download: WFMT World Congress Scholarship for Students- Application Form

President Presents 10-2009

Download: Fact Pages about Early Childhood Music Therapy Around the World
Brazil USA Europe Korea Australia Colombia New Zealand South Africa Kingdom of Bahrain

President Presents 9-2009

Download: Member Profile_KMTA (pdf)

President presents 7-2009

Download: Membership Profile_CAMT 7-2009 (pdf)

President presents 5-2009

Download: RagnaRock Dedicates Song to WFMT (pdf)
Download Video File: RagnaRock "Together" (Quicktime)
Download: Music Score *Together*
Download: *Pop and Rock with colours – Easy ways of building a pop-rock band using special tuning and colours*

President presents 4-2009

Download: NEW LOCATION World Congress 2011

President presents 2-2009

Download: Coming to Your Classroom (pdf)

President presents 1-2009

Download: Introducing Dr. Annie Heiderscheit

President presents 12-2008

Download: Seasonal Greetings (pdf)
Download Audio File: Under One Sky (mp3)

President presents 10-2008