



World Federation of Music Therapy
Federación Mundial de Musicoterapia

Supporting Music Therapy Worldwide

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PRESIDENT PRESENTS...



Dr. Petra Kern, MT-DMtG, MT-BC, MTA, NICU-MT
President, World Federation of Music Therapy
Email: president@wfmt.info
USA

2011 World Congress of Music Therapy: Spotlight Sessions

Dear Colleagues,

I am pleased to introduce the *Spotlight Sessions* to you, a new addition to the World Congress of Music Therapy in 2011. Each day of the congress, we will feature a two-hour session on a key topic presented by a total of sixteen renowned music therapy experts from different generations and regions of the world. No other presentations will be scheduled during those times so that all of you can attend. For those of you who cannot come to Seoul, Korea, we will record the sessions and make them available at the new WFMT online Education Center. The Spotlight Sessions are organized by the WFMT Council. We have discussed and identified potential speakers during our annual meeting in Cadiz, Spain.

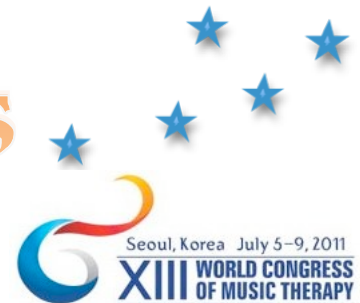
I am delighted to announce the following speakers: Dr. Connie Tomaino, (USA), Dr. Gerhard Tucek (Austria), Dr. Wendy Magee (UK), and Dr. Ju Yooung Lee (Korea) for the "Music and Medicine" session. Dr. Clive Robbins (USA), Dr. Youngshin Kim (Korea), Dr. Dena Register (USA/Thailand), and Catherine Threlfall (Australia) for the session on "Music Therapy and Special Education." Dr. Hiroko Fujimoto (Japan), Dr. Anne Lipe (USA), Dr. Melissa Broton (Spain), and Dr. Hanne-Mette Ridder (Denmark) for the "Music Therapy and Older Adults" session. And, Dr. David Aldridge (Germany), Dr. Clare O'Callaghan (Australia), Dr. Soo Ji Kim (Korea), and Dr. Michael Silverman (USA) for the session on "Music Therapy and Research." All presenters will share their knowledge, experiences, different perspectives and views on music therapy in eastern and western philosophies.

The *Spotlight Sessions* promise to be an extraordinary event. We are excited to bring together such wonderful speakers for you.

Yours,

Petra Kern

Spotlight Sessions



1. Music Therapy and Medicine
July 6, 2010 at 9:00 to 11:00 a.m.
Seoul, Korea

Moderator: Dr. Annie Heiderscheid, Ph.D., MT-BC, FAMI, MFT
WFMT Secretary/Treasurer

SPEAKERS



Dr. Concetta Tomaino, D.A., MT-BC is the Executive Director and co-founder of the Institute for Music and Neurologic Function and Senior Vice President for Music Therapy at Beth Abraham Family of Health Services, where she has worked

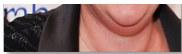
2. Music Therapy and Special Education
July 7, 2010 at 9:00 to 11:00 a.m.
Seoul, Korea

Moderator: Dr. Petra Kern, MT-DMtG, MT-BC, MTA, NICU-MT
WFMT President

SPEAKERS



Clive Robbins, DMM, MT-BC, Founding Director, Nordoff-Robbins Center for Music Therapy, New York University, and Adjunct Clinical Professor, has been a music therapy pioneer since 1959. His innovative



since 1980. She is on the faculty of the Albert Einstein College of Medicine, the ATTP II team of the National Parkinson's Foundation and the New York State Geriatric Education Consortium. Dr. Tomaino is internationally known for her research in the clinical applications of music and neurologic rehabilitation. She has lectured on music therapy throughout the world and has been featured in the media and literature such as *An Anthropologist on Mars*, by Oliver Sacks, M.D. Dr. Sacks book *Musicophilia* is dedicated to her. Dr. Tomaino is past president of the American Association for Music Therapy and received the Award of Accomplishment from Music Therapists for Peace at the United Nations.

DESCRIPTION: "Music, Attention, and Memory: How does music influence attention and memory in the normal brain?" How is this process affected by illnesses such as Alzheimer's Disease or other neurodegenerative diseases that compromise memory and other function? How can music be used to enhance and stimulate attention and memory function in people with such diseases? How can scientific research and clinical observations inform each other for the use of music as a mnemonic aid and cognitive tool? This presentation will address these questions through research and clinical evidence.



Mag. Dr. Gerhard Tucek is the Program Director of Music Therapy at the Department for Health Sciences at the IMC University of Applied Sciences in Krems, Austria and the Program Director for Oriental & Ethno-Music Therapy in Austria. He is a lecturer at the Medical University of Vienna and the University of Music and Performing Arts in Vienna. His areas of expertise include music therapy in intensive care units, neurological and cardiological rehabilitation and cancer treatment.

DESCRIPTION: Historical oriental therapeutic principles and concepts continue to inform the practice of music therapy. The connection and translation of these historical perspectives into current anthropological and clinical practices in a modern European healthcare system will be demonstrated. The implementation of these practices in the intensive care unit and neurological rehabilitation will be explored through video-examples.



Dr. Wendy Magee, PhD NMT-F has worked as a Music Therapist since 1988, mostly in neuropalliative rehabilitation with adults with acquired brain injury stemming from disease or trauma. She is widely published in both research and clinical practice with neurological populations, and coordinates the global interest group, the Music Therapy Neurology Network.

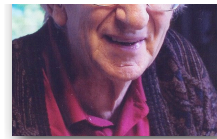
DESCRIPTION: This presentation will spotlight Music Therapy in neuropalliative rehabilitation with adults

with acquired brain injury stemming from trauma, stroke, Multiple Sclerosis, Parkinson's Disease, Huntington's Disease, and Motor Neurone Disease. Subpopulations will include neurobehavioural disorders and low awareness states. The theoretical foundations influencing music therapy practice will be outlined, followed by a summary of interventions, which address holistic care. Clinicians will be guided through the evidence for particularly methods, with reference to research and systematic reviews. Lastly, recommendations will be made for future music therapy practice, building the evidence base, and developments in neuro-rehabilitation.



Dr. Ju Young Lee, Ph.D., MMT, FAMI is a Teaching Professor in the Graduate School of Music Therapy and lead researcher in the Music Therapy Center at Sookmyung Women's University in Seoul, Korea. She is a Research Professor in the College of Medicine at the University of Korea and a clinical music therapist in the Integrative Medicine Center at the University of Korea.

DESCRIPTION: The healthcare needs for the citizen's of Korea have changed and evolved due to social development, the aging population and changes in disease patterns. These issues had rapidly increased the need for integrative medicine approaches in Korea, however in Korean integrative medicine, there



clinical work, writings, musical compositions, and teaching continue to earn him international recognition, notably for his commitment to high standards of creativity and musicianship in music therapy.

DESCRIPTION: The development and performance of a play with handicapped children can be a dynamically stimulating event in the social life of a school or institution; its effects reach through the children, the staff, parents and interested groups. The staging of the play—a rich experience of story, action, speech, song, music, color and costume—can be an imposing achievement, the participation of the children impressive and heart-warming. When the play has been written and produced expressly for them and depends on their involvement for its realization, the performance transmits the children's capacities for care, perception, and cooperativeness; the audience experiences their commitment and sense of fulfillment. Pathology takes second place as the children's individualities are actively expressed (from Nordoff & Robbins, 1971). This Spotlight will use audio and visual materials to convey the content, intensity, and styles of such ventures. The roles of music in supporting speech and action and affecting dramatic mood will be illustrated. Songs sung with audience participation will illustrate the particular importance of songs in furthering the dialogue and character delineation.



Youngshin Kim, Ph.D. is a board-certified music therapist in the U.S. and Nordoff-Robbins music therapist. She is an associate professor at Sookmyung Women's University in Seoul, Korea. She is the vice president of Korean Music Therapy Association, a member of scientific committee in Korean Journal of Music Therapy, and the Chair of the 2011 World Congress of Music therapy Scientific Committee.

DESCRIPTION: The purpose of my presentation is to introduce the history and current trends of music therapy in the field of special education in Korea. Since music therapy has been brought to Korea from the West in mid 1990s, special education was the main area of interest for Korean music therapists. This presentation will cover different settings, philosophies, and practices of Korean music therapy in special education in the past and present. The presentation will also address the influence of Western music therapy on music therapy of Korea in the field of special education as well as its further developments in the context of Korean culture and society.



Dena Register, Ph.D., MT-BC is an associate professor at the University of Kansas, specializes in music therapy for early intervention and individuals with special needs. She was awarded a Council for International Exchange of Scholars Fulbright Scholar grant in 2009 in order to teach and conduct research at Mahihol University, Thailand and continues to consult for the first music therapy training program in the country.

DESCRIPTION: The universal nature of music and its ability to reach and shape people regardless of their age or ability level is central to the foundation of music therapy as a profession. This presentation will explore US access to music therapy services for individuals with special needs and its developed research-base in contrast to developing music therapy services (and its philosophical and functional underpinnings) in Thailand. This session will explore the commonalities and differences of music as a therapeutic medium in both countries and the lessons learned from clients in both countries.



Catherine Threlfall, RMT is an Australian music therapist and special educator. Catherine's work with children, families and practitioners has spanned special education, early intervention, community music, community cultural development, student well-being and behavior, participatory research and educational leadership. Catherine is a passionate practitioner who seeks to enable whole school communities to share music in the classroom everyday.

DESCRIPTION: This presentation will examine the potential of music therapists to enable lasting change in

are numerous failures in policy and law. Addressing these challenges is a vital component in order to introduce music therapy into integrative medicine in Korea.

special education by working at a whole school level. Educators can be supported to bring arts-based teaching and learning to their classrooms through collaboration, mentoring and peer teaching practices. Empowering a school community to make and share music is a powerful element of professional practice. Community Music Therapy principles have an important role to play in the pursuit of student learning and development. The discussion will be supported by case material and findings from the ArtStories research initiative in special education settings and primary schools in the Top End of Australia.

Spotlight Sessions



3. Music Therapy and Older Adults July 8, 2010 at 9:00 to 11:00 a.m. Seoul, Korea

Moderator: Gene Ann Behrens, Ph.D., MT-BC
WFMT Regional Liaison for North America

SPEAKERS



Hiroko Fujimoto is a professor of music at the Sozo Gakuen University in Japan. She received her Master's degree in Education from Tokyo Gakugei University. Hiroko Fujimoto continues to practice as a music therapist at Yutorie Nursing Home and is Managing Director for the Japanese Music Therapy Society.

DESCRIPTION: This presentation will briefly introduce the current status of music therapy with older adults in Japan. Professor Hiroko Fujimoto will discuss how she practices music

therapy with her geriatric clients and will vividly illustrate through video clips her work with one client diagnosed with dementia. She will conclude with her vision of practicing music therapy with older adults in Japan.



Anne Lipe, Ph.D., MT-BC is Assistant Professor of Music Therapy at Converse College in Spartanburg, SC. A music therapist for thirty years, she has worked primarily with older adults in a variety of settings. Her assessment tool for older adults with dementia, the MBECF is the subject of several research publications and numerous conference presentations.

DESCRIPTION: In 1989, music therapist Marian Palmer wrote an article in *Music Therapy Perspectives* in which she offered a vision of the future practice of music therapy with older adults in the U.S. Dr. Palmer's vision will provide a starting point for this presentation which will feature an overview of the demographics of music therapy in gerontology, and brief highlights from both clinical practice and the research literature. A major focus of the presentation will be a discussion of the role of assessment in music therapy with older adults, and a review of two assessment tools, which have been developed and psychometrically tested for use with this population.



Melissa Brotons, Ph.D., MT-BC is director of the Interuniversity Master

4. Music Therapy and Research July, 9, 2010 at 9:00 to 11:00 a.m. Seoul, Korea

Moderator: Dr. Mary Boyle, Ed.D, LCAT, MT-BC
WFMT Chair for Research and Ethics

SPEAKERS



Prof. Dr. David Aldridge, FRSM is Co-Director of the Nordoff/Robbins Zentrum Witten. He is involved in the delivery of music and music therapy in varying cultural settings. He is now principally involved in translational research in bringing current scientific findings to the people who need to understand them. His recent publications with Jessica Kingsley Publishers include working with families, addiction, suicidal behavior and disorders with genetic origins.

DESCRIPTION: Music therapy research has evolved considerably over the past twenty years. However, we still have a limited foundation of clinical studies. From my previous experience with research in complementary medicine, that itself became integrated medicine, I will argue that practice research needs to be placed in the context of its delivery in the community. This is a political argument that sometimes masquerades as a scientific argument.



Clare O'Callaghan, Ph.D. is a music therapist at Peter MacCallum Cancer Centre and Caritas Christi Hospice, St Vincent's Hospital, Melbourne, Australia. Her innovative research methodologies have informed practice-based research findings widely published in music therapy, medical and art refereed journals. Current research include music's relevance in cancer experience across the lifespan.

DESCRIPTION: Practice-based research can be naturalistic and reflective inquiries directed at answering questions emergent from one's clinical work. This presentation briefly describes Dr. O'Callaghan's 25-year journey encountering questions in oncology, neurology, and palliative care, and varied research approaches used to answer them. Research models encompass: "therapist as researcher", "therapist-researcher partnership", reflexive group research, and a multidisciplinary research team. Knowledge can be meaningfully extended through examining "prospective" and "retrospective" data, including music



Director of the Interuniversity Master Program in Music Therapy (UPF-URL) in Barcelona (Spain) and music therapist in the Associació de Familiars d'Alzheimer del Baix Llobregat. She has published extensively nationally and internationally. Melissa Brotons is co-author of the books, *Manual de Musicoterapia en Geriatria y Demencias: Teoría y Práctica* (2008), and *Musicoterapia en Medicina: Aplicaciones Prácticas* (2010).

DESCRIPTION: This presentation will provide an overview of music therapy practices in gerontology in Spain. Dr. Brotons will present a summary of the current research conducted in this area, training, diagnoses most often addressed by music therapists, employment of music therapists as well as the various types of programs implemented.



Hanne-Mette Ridder, Ph.D., MA is an associate professor in music therapy and gerontology at the music therapy training program at the University of Aalborg in Denmark. She is a certified clinical music therapy supervisor and currently serves as the President of the European Music Therapy Confederation (EMTC).

DESCRIPTION: The Cochrane review on music therapy and dementia (2006/2009) concludes, "The methodological quality and the reporting of the included studies were too poor to draw any useful conclusions." How do we change these facts, and can we design studies that integrate practice-based research in controlled designs? A pilot study carried out by clinicians and researchers in Denmark and Norway is investigating the effect of individual music therapy on quality of life, agitation and medication in persons with dementia. An introduction to preliminary results, epistemology, and methodology will be presented.

training programs and reflective team training music therapists' practice wisdom and clients' therapeutic products. A rationale for examining music's role in health care, and reflections about randomized controlled trials and Cochrane reviews, will also be presented.



Soo Ji Kim, Ph.D., MT-BC is assistant professor and director of music therapy at the Myongji University in Seoul, Korea. Dr. Kim has specialized in music therapy practice with stroke patients and neurorehabilitation. She is also an editor of the *Korean Journal of Music Therapy Education* and the *Korean Journal of Interdisciplinary Therapy*.

DESCRIPTION: Research enables not only the development of music therapy field but also the communication with other health professionals. Music therapy itself is an integration of music and therapy. In this respect, understanding of related disciplines and communication with other professionals are significant. Yet, it is still remained as our agenda: "How the qualitative aspects of music can be well maintained while the musical elements and human responses are quantified." Issues and thoughts regarding having a dual identification of music therapy practitioner and researcher will be discussed.



Michael Silverman, Ph.D., MT-BC is director of Music Therapy at the University of Minnesota and researcher at the medical center. An active presenter at conferences, he currently serves on the Editorial Board for *Music Therapy Perspectives*. Dr. Silverman has published in journals such as *Journal of Music Therapy* and *Arts in Psychotherapy*.

DESCRIPTION: Conducting high quality research with people diagnosed with mental illnesses can lead to improved treatment services for this clinical population. As the research process can be complex, I have found that I continue to improve my skills by providing music therapy treatment and actively engaging in data collection. I am fortunate to have had wonderful mentors who taught me to enjoy the unique challenges of the research process. While the profession is documenting effective music therapy techniques for people with psychiatric disorders, there still remains a lack of well-designed and replicable randomized and controlled clinical trials.



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