



World Federation of Music Therapy  
Federación Mundial de Musicoterapia

*Supporting Music Therapy Worldwide*

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## PRESIDENT PRESENTS...



**Dr. Petra Kern, MT-DMtG, MT-BC, MTA, NICU-MT**  
WFMT President  
Email: [president@wfmt.info](mailto:president@wfmt.info)  
USA

### 25. Anniversary of the WFMT

Dear Colleagues,

Happy new year to all of you! This year, we are celebrating the 25. Anniversary of the World Federation of Music Therapy (WFMT). Gratitude goes to the founders of the WFMT who saw the value and benefits of a global music therapy organization and to all colleagues who contributed to the development of this organization by serving on the WFMT Council.

The organization would not exist nor make any sense without our members who support our mission of developing music therapy as an art and science internationally. Therefore, I will continue with our *Member Profile Series* and feature our organizational members. This month, I would like to introduce the Association of Professional Music Therapists (APMT) from the United Kingdom (UK). As Stephen Sandford, Chair of the APMT states in his welcome note, there are many talented music therapists in the UK who contributed to the development of APMT and the profession at large. We are proud to have such a strong organizational member with a wealth of experiences and highly developed professional standards supporting the work of WFMT.

Petra Kern



## Association of Professional Music Therapists (APMT)

Dear Music Therapy Colleagues,

It is a pleasure to draw attention to the work of the circa 700 music therapists in the UK through the WFMT. We have a long history of careful and thoughtful profession development. This has been supported by many talented expert individuals and groups of which we are proud. Maintaining a sustained level of "thinking together" has enabled the UK music therapy profession to negotiate and surmount many challenges and opportunities. I am grateful to all who have supported the work of the APMT and the BSMT and we welcome in the UK dialogue with the international music therapy community around the many strands of our work including research, profession development, clinical practice, and training.

All best wishes,

Stephen

Stephen Sandford, Chair of the APMT  
Email: [stsandford@hotmail.com](mailto:stsandford@hotmail.com)



### Training Establishments

Training in music therapy in the UK is at Masters Degree level (Postgraduate). Courses are usually two years (full time) or up to 3 years (part time). Training programs cover a range of approaches including, psycho-analytically informed, Nordoff Robbins, psychodynamic, developmental, community music therapy and humanistic. Course providers work together to ensure that music therapists in the UK are entering employment with a high level of competency and professional acumen. All trainings are registered with the Health Professions Council as meeting the requirements to use the protected title Music Therapist.

Opportunities for further qualifications include MPhil/PhD level research and training in Guided Imagery in Music (GIM). Many UK music therapists have chosen to undertake training in psychodynamic psychotherapy to complement their practice.

Opportunities for gaining further qualifications in the UK include MPhil/PhD level research and training in Guided Imagery in Music (GIM). Many UK music therapists have chosen to undertake further training in related fields such as psychotherapy, family work to complement their practice.

Currently there are seven UK training courses, detailed below:

#### University of the West of England

Program Leader: Prof. Leslie Bunt, BA, PGCE, LGSM (MT), PhD, FAMI, FRSA, Music Therapist  
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Websites: [www.uwe.ac.uk](http://www.uwe.ac.uk)  
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#### Anglia Ruskin University, Cambridge

Contact Person/Director/Coordinator: Prof. Helen Odell-Miller, BA (Hons), LGSM (MT), MPhil, PhD, Music Therapist  
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Fax: 0044 (0) 1223 33271 417707  
Website: [www.anglia.ac.uk/ruskin/en/home/prospectus/pgft/muth.html](http://www.anglia.ac.uk/ruskin/en/home/prospectus/pgft/muth.html)

### Mission Statement

The Association of Professional Music Therapists (APMT) was formed in 1976 to protect and fulfill the professional needs of training and qualified music therapists in the United Kingdom of Great Britain - England, Scotland, Wales and Northern Ireland.

The APMT has always worked closely with the British Society for Music Therapy (BSMT), an organization with charitable status, established in 1958 to promote understanding of music therapy. The two bodies are soon to be amalgamated to create one new organization.

## Find us on the Web

UK Association of Professional Music Therapists: [www.apmt.org](http://www.apmt.org)  
APTMT Office: [APMTOffice@aol.com](mailto:APMTOffice@aol.com)

## Goals & Objectives of the APMT

The APMT provides guidance and support for its members on issues such as continuing professional development (CPD), employment, and supervision. The APMT provides a regional network of support, through area groups, specialist interest groups and a web-based forum where members share information and expertise.

The APMT objectives are:

1. to establish job opportunities and serve as a clearing house for job openings
2. to establish and uphold clinical and ethical standards
3. to establish and maintain a register for its members
4. to provide up-to-date information for its members
5. to maintain a constant liaison with related professionals in the United Kingdom
6. to establish and maintain links with other Music Therapists abroad and associations throughout the world
7. to be a source of on-going support

## Executive Committee 2009-2010

Stephen Sandford	Chair
Angela Fenwick	Arts in Health Lead
Dr. Julie Sutton	International Liaison Officer
Catherine Carr	National Area Groups Co-ordinator
Kay Sobey	Education and Training Officer
Becky Arnold	Student Liaison Officer
Jennifer French and Claire Miller	Professional Development Officers
Terri Coyle	Professional Officer
Juliet Hutchinson	Committee Member
Sophie Soar	Committee Member
Rachel Bell	Committee Member
Ben Saul	Employment Liaison Officer
Tina Warnock and Angela Harrison	Public Relation Liaison Officers

## Government Recognition of Music Therapy in the UK

The title *Music Therapist* has been protected by law in the UK since 1997. Music therapy has benefited from this legal protection which has allowed the discipline to consolidate further its identity in the fields of health and education. The regulating body in the UK for music therapy is the Health Professions Council (HPC). Music Therapists who have trained outside the UK need to make application to be registered with the HPC in order to use the title Music Therapist in the UK.  
[www.hpc-uk.org](http://www.hpc-uk.org)

New pay scales were introduced in 2004 for employment in the National Health Service (NHS), bringing music therapists into line with professions such as clinical psychologist and psychotherapy. This development has led to the establishment of some senior clinical and consultant level posts for music therapists within the health service. New ways of working for music therapists are evolving in the UK in line with expansion of services within the areas of health promotion, arts in health and community based services. The music therapy profession in the UK works very closely with our arts therapies colleagues in the professions of Art Therapy, Drama Therapy, and Dance Movement Psychotherapy.

## Prominent Publications

### British Journal of Music Therapy (BJMT)

This is a joint APMT/BSMT publication issued twice yearly. It is the policy of the BJMT to include a wide range of articles, reflecting the broad spectrum of ideas and approaches to music therapy in this country, as well as in other countries worldwide. Back issues and guidance on submissions are available on <http://www.bsmst.org/journal.htm>.

There is a wealth of published literature demonstrating the extraordinary breadth and quality of work being undertaken by music therapists in the UK. A comprehensive list of books and conference papers can be found on the website of the British Society for Music Therapy at <http://www.bsmst.org>.

One of the most significant promoters of the publication of books on the arts therapies is Jessica Kingsley Publishers. Established in 1987 by Jessica Kingsley, the company now publishes around 150 books a year and has offices in London and Philadelphia. The catalogue currently contains 88 books specifically related to Music Therapy.  
<http://www.jkp.com/search/index.php?s=music+therapy>

### Nordoff Robbins UK, Full-time MMT Training Program, London

Contact Person/Director/Coordinator: Simon Procter, Program Director  
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0044 (0) 20 7267 4369  
Website: [www.nordoff-robbins.org.uk](http://www.nordoff-robbins.org.uk)

### Nordoff Robbins UK, Part-time MA Training Program, Manchester

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Website: [www.nordoff-robbins.org.uk](http://www.nordoff-robbins.org.uk)  
Directors: Dr. Gary Ansdell/Rachel Verney–Program Co-Directors

### Guildhall School of Music and Drama, London

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[www.gsmd.ac.uk](http://www.gsmd.ac.uk)  
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### Roehampton University, London

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### Scotland – Queen Margaret University, Edinburgh

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The APMT is proud to be a member of the World Federation of Music Therapy. Music Therapists in the UK have built up an international reputation for research, making a rich contribution to the development of the profession. Worldwide connections inform and transform our understanding and expertise. The UK is also a country member of the European Music Therapy Confederation.

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