



World Federation of Music Therapy  
Federación Mundial de Musicoterapia

*Supporting Music Therapy Worldwide*

## PRESIDENT PRESENTS...



**Dr. Petra Kern, MT-DMtG, MT-BC, MTA, NICU-MT**  
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### RagnaRock Dedicates Song to WFMT

Dear Colleagues and Friends,

Today, I am bringing a very special project to your attention. In 2007, I was very touched by RagnaRock, a band including "special learners" from Oslo, Norway who gave a concert at the European Congress of Music Therapy in the Netherlands.

RagnaRock was rocking away and filled the hall with joy, happiness, and togetherness. I was impressed by the musicians' talents, stage presence, and love for what they are doing. Once again, we experienced how music brings us all together no matter of age, ethnicity, or disability. Tom Naess and his colleagues demonstrated masterfully what it means to live the concept of inclusion and community.

I am very proud to introduce to you the song *Together* written by Tom Naess and performed by RagnaRock. Still amazed about the bands ability to sing in English, I have to admit that I would not be able to do the same in Norwegian. "Together we can make a better world" is the theme of the song. This is also the intention of the World Federation of Music Therapy. Together, we can "improve the health and well-being of individuals and populations through music interventions worldwide."

Thank you to Tom, Kenneth, Gunn Elisabeth, Rune, Lars Cato, Birger, Hans Robert, Per, Heidi, and Bjørn for sharing and reminding us of this message. Your music will reach our hearts and be carried out to the world.

Yours,

Petra Kern



### Together

At the beginning of this year, Petra contacted me and asked for a song performed by RagnaRock for WFMT. I suggested a song that I have written for my band RagnaRock consisting of "special learners" a couple of years ago. The original song was about making a better world with Norwegian lyrics. The challenge was to create an English version of the song with similar intent. However, with the support from Petra and her friend Linn, we ended up with the song *Together*, which we proudly dedicate to the WFMT. Download: [Music Score Together](#)

This English version will now be published in the revised book [Pop and Rock with colours – Easy ways of building a pop-rock band using special tuning and colours](#)

When I told my band about Petra's request and the possible WFMT website posting, they became very excited! All band members have therefore worked hard on this project in our studio at our adult training center, "Aasen" in Oslo the past months.

A major challenge was to teach the band members the English lyrics. Our fine soloists, who sing wonderful in Norwegian language, had problems to sing the complete lyrics in English. Therefore, we finally decided that co-leader Heidi takes the main part of the solo. But, we worked with every member in the band in order to be able to sing the chorus altogether: "You and I there is something we can do now! You and I, we can make a better world!"

The instrumental part is solely done by our band members: Kenneth is brilliantly playing the drums and all percussion. Gunn Elisabeth is doing all the synthesizers. Rune and Lars Cato are playing the rhythm guitars, Birger is on mouth organ, and our master vocalist Hans Robert is doing the vocal in connection with the complete band singing the chorus. Per, our guest guitar soloist is playing the final guitar improvisations and ends the song on the dominant, as if he wants to indicate that there should be a continuum (something to come) after this song. The leaders Heidi (guitar/song), Bjørn (guitar/bass), and me (piano) are grateful to have the privilege to take part in this flourishing music community.

Each one of our band members is sending our love to YOU out there in the world. We hope that our music can bring us together and help us all to make a better world.

Tom Naess

Associate Professor of Music Therapy  
Norwegian Academy of Music  
Member of the WFMT Clinical Practice Commission

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