PRESS RELEASE

FOR IMMEDIATE RELEASE
Contact: Rose Fienman, MSW, MT-BC
Email: publicrelations@wfmt.info

WFMT celebrates 30th anniversary

The World Federation of Music Therapy (WFMT) is observing its 30th anniversary this year. Celebratory events will occur throughout 2015, including a multimedia reflections project. A special commemorative edition of the WFMT journal, *Music Therapy Today*, will be published in the fall.

Founded in July 1985 by music therapists from 10 countries, our nonprofit organization advances the profession of music therapy as both an art and a science around the globe. The WFMT seeks to provide global opportunities to practice music therapy and to benefit from music therapy interventions.

Music therapy is the professional use of music and its elements as an intervention in medical, educational, and everyday environments with individuals, groups, families, or communities who seek to optimize their quality of life and improve their physical, social, communicative, emotional, intellectual, and spiritual health and wellbeing. Research, practice, education, and clinical training in music therapy are based on professional standards according to cultural, social, and political contexts (WFMT, 2011).

Keeping with our global vision, we host our triennial World Congress of Music Therapy at strategic international sites. The next one will be held in Tsukuba, Japan in July 2017.

Learn more about music therapy and WFMT at [www.wfmt.info](http://www.wfmt.info).

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